



# Annual Report 2021-2022

**Manitoba Women for Women of South Sudan Inc**

# TABLE OF CONTENTS

BACKGROUND OF THE ORGANIZATION	P1
MISSION AND VISION	P2
PRESIDENT'S MESSAGE	P3
EXECUTIVE DIRECTOR'S MESSAGE	P4
BOARD OF DIRECTORS	P5
OUR SERVICES	P6
YEAR REVIEW AND MAJOR HIGHLIGHTS OF 2022	P7-8
COMMUNITY WORK IN WINNIPEG	P9-10
MENTAL HEALTH PROGRAM	P11-12
YOUTH PROGRAM	P13-14
PROJECT IN SOUTH SUDAN	P15-16
FUTURE FOCUS	P17
2021-22 FINANCIALS	P18
OUR PARTNERS AND FUNDERS	P19
COME TO OUR CENTRE	P20

# BACKGROUND OF THE ORGANIZATION

1

- The Manitoba Women for Women of South Sudan (MW4WSS, known as W4W) was established in 2011.
- W4W members are primarily South Sudanese women and Canadian allies living in North America.
- They come from various ethnic backgrounds and work together with the interest of all the women of South Sudan at heart. All agree to address the destruction of the Long War and historical struggles and work together to build a brighter future for all South Sudanese people, embedded in cultural values and respect for democracy in South Sudan.



# MISSION AND VISION

2

Our mission is to enable and strengthen the efforts and the capacities of the most marginalized and vulnerable women in Manitoba, Africa, and around the world by providing opportunities and promoting their **educational, healthcare, economic and social status of all women to attain gender equality and human rights.**

We envision a just world in which, every woman regardless of background, race or ethnicity attains gender equality and human rights to reach her full potential.



# PRESIDENT'S MESSAGE

3

Greetings to all,

I would like to acknowledge and thank each and everyone for their support and commitment to serving our communities. For the first Executive Director (ED) for the Manitoba Women for Women of South Sudan Inc (W4W). I would like to congratulate and welcome Mrs. Freda Tong, our current ED to the W4W, I am also grateful for the Teamwork at W4W, and the dedication of both Staff and the Board. I look forward to another blissful year filled with service to our communities, and I hope that the year 2023-2024 is a prosperous year and I am grateful and blessed for the dedicated Board and Members of W4W. Thank you so much to all our funders, donors, supporters, friends and our communities' members who are part of greater support to W4W.

Finally, may joy, peace, prosperity and greetings of the Seasons be with you and God's blessings.

With love, respect, and courtesy. Thank you!

President  
Elizabeth Aluk

# EXECUTIVE DIRECTOR'S MESSAGE

4

2021-2022 was a challenging year for everyone. We have learned to be flexible, adapt to change and live day to day! Like usual, we pulled together to embrace the pandemic and do our best to support the communities' physical, economic, and mental well-being. We believe in the strengths in every one of us, and we stay positive, hopeful, and stand firmly with our communities.

We have witnessed remarkable developments this year despite all the challenges. We are blessed to have received funding from numerous donors. Now we have regular staff, and our resource center has been upgraded. Our service offerings have been diversified to meet the needs of our members. All these would not have been possible without the generous support from our donors, partners, volunteers, board members, staff, and every one of you. I want to thank all of you for your generosity and commitment to our community.

Freda Tong  
Executive Directors



# BOARD OF DIRECTORS

5

Director/Officer	Corporation Positions
Elizabeth Aluk Andrea	President Admin
Achol M Adeiar	Assistance Treasurer
Mercy Yel	VP. Admin
Khadijat Oyewole	VP Youth
Yvonne Aiyeh	Treasurer
Susan Thon	General Secretary
Diana Puno	Secretary Assistant
Florence Okwudill	V Externals Affairs
Mulangaliro Byamungu	Eternals Affairs
Gemma Koul	Board Member
Michelle Spencer	Board Member
Arek Manyang	Board Member
Sandy Deng	Board Member

# OUR SERVICES

6

We are a diverse team that comes from various ethnic backgrounds and work together with the interest of empowering women and girls in South Sudan and Canada. Our work includes projects in South Sudan, community work in Winnipeg, mental health programs, and Women & Youth services.



Project in South  
Sudan



Community Work  
in Winnipeg



Mental Health  
Program



Women and  
Youth Services



# YEAR REVIEW AND MAJOR HIGHLIGHTS OF 2022

7

<b>JANUARY</b>	Supported communities during the pandemic
<b>FEBRUARY</b>	Celebrated Black history month
<b>MARCH</b>	Celebrated International Women's day
<b>APRIL</b>	Presentation at the Metropolis Canada Conference 2022
<b>MAY</b>	Recurrent food assistance to communities
<b>JUNE</b>	Planning for the innovation work of the centre Green Team Training

# YEAR REVIEW AND MAJOR HIGHLIGHTS OF 2022

8

## **JULY**

Summer youth workshop  
Cross-cultural sharing

## **AUGUST**

Summer youth program;  
Visiting the children's museum

## **SEPTEMBER**

Well-being and self-care  
workshop; Upgrading the  
centre facilities

## **OCTOBER**

Mental health workshop –tree  
of life (English & Arabic)

## **NOVEMBER**

Gender-based Violence  
program; Co-op shop  
education workshop; Online  
singing bowls sound bath

## **DECEMBER**

Gender-based Violence  
exhibition; AGM

# COMMUNITY WORK IN WINNIPEG

9

We operate a resource centre in Downtown Winnipeg.



Provide recurrent food assistance for deprived families.



# COMMUNITY WORK IN WINNIPEG

10



Emergency supports  
during the pandemic

Gathering, meeting  
and the community  
network consolidation





# MENTAL HEALTH PROGRAM

11

We held a well-being and self-care workshop for newcomers and refugees from different backgrounds to share stories of trauma and assist them with getting self-care and well-being resources in Canada.



# MENTAL HEALTH PROGRAM

12

Thematic mental health skill training workshops  
(e.g. Tree of Life)





# YOUTH PROGRAM

13

Cross-cultural friendship, art making, music, creative play and cooking classes





# YOUTH PROGRAM

14

The summer mass program, visits to the museum, and outdoor activities for the kids.



# PROJECT IN SOUTH SUDAN

15

Trauma healing program to help South Sudanese women recover from trauma after suffering from decades of conflicts civil wars.





# PROJECT IN SOUTH SUDAN

16

Mobilized women to make marks for more than 20,000 vulnerable groups, which brought employment opportunities, women empowerment, and safety protection



# FUTURE FOCUS

17

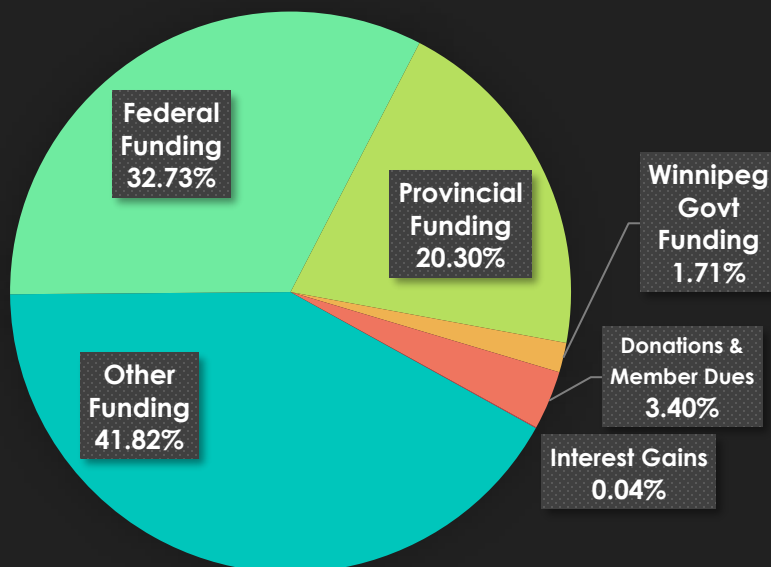
- Strengthen community network building and engagement
- Expand service offering at the resource center for grassroots families
- Deepen and scale up mental health program in Winnipeg and trauma healing program in South Sudan
- Mobilize newcomers groups and volunteers to develop multicultural activities



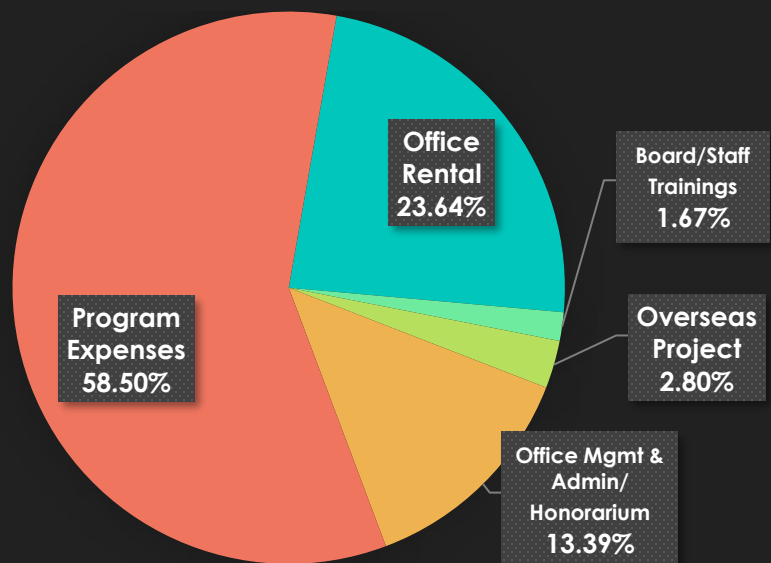
# 2021-22 FINANCIALS

18

INCOME(\$175,728)



EXPENDITURE(\$121,570)



**NET INCOME(\$54,157)**

These figures are based on MW4WSS financial statements for 2021-22



# OUR PARTNERS & FUNDERS

*Thank you to our funders, donors, partners, and volunteers for the generous support in building a stronger community.*

**Thank you for supporting MW4WSS!**



Employment and  
Social Development Canada



Canadian  
Red Cross

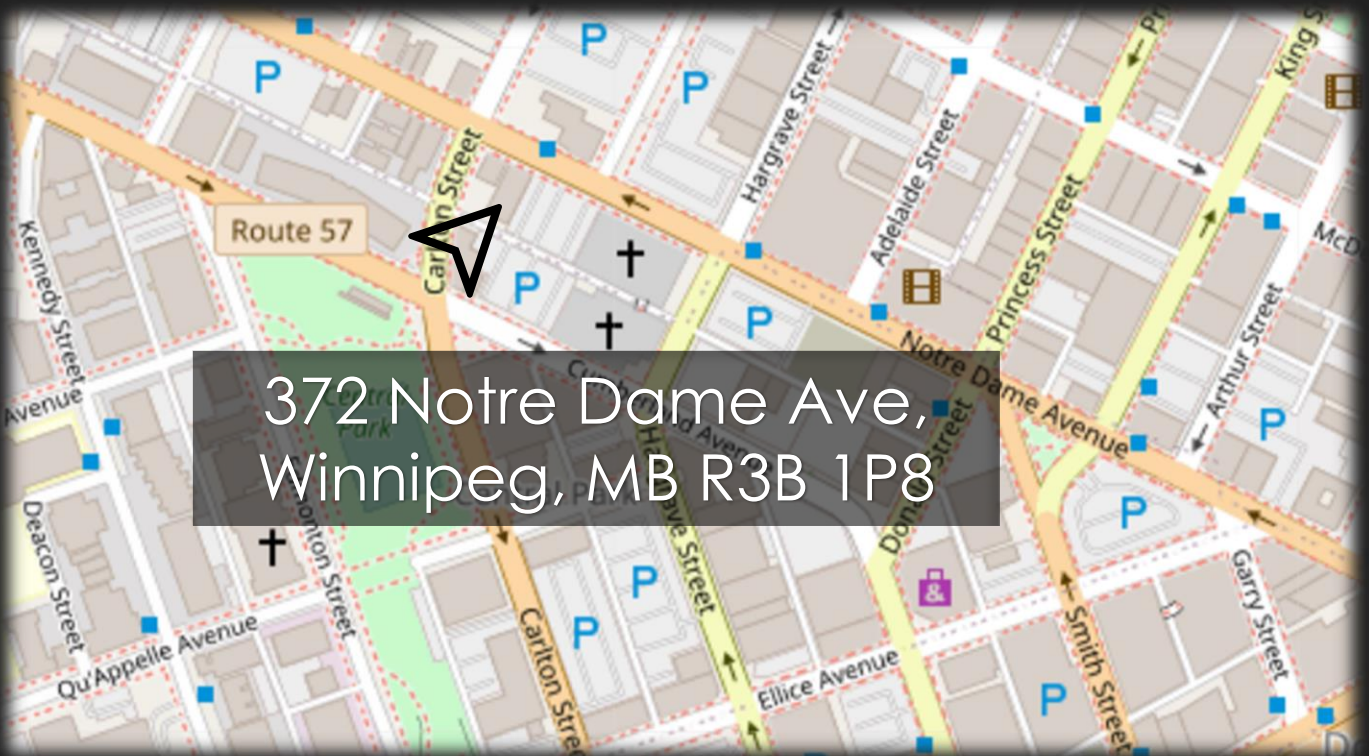


Global College



# VISIT US

20





*We believe all women can embrace who they are,  
can define their future, and can change the world.*



## **Operation Centre Address**

**372 Notre Dame Ave, Winnipeg, MB R3B1P8**

**women4womenss@gmail.com 431-570-0809**

**<https://www.women4womenmb.ca>**